

The Wallis and L.A.'s Invertigo Dance Theatre's Movement Courses Continue in 2016; Single Classes Now Available for Purchase

Free Open House Kicks-off Winter Session on Friday, January 22

(Beverly Hills, CA Jan 13) Continuing its partnership with L.A.'s Invertigo Dance Theatre and furthering its mission to engage and enrich the community, the Wallis Annenberg Center for the Performing Arts in Beverly Hills is offering a new session of three public dance/movement courses on Fridays beginning on January 22. These three intergenerational courses—**Invert/ED's Tiny Tots Move and Groove**, **Dancing Through Life** and **Dancing Through Parkinson's**—provide toddlers and guardians, older adults and people living with Parkinson's disease and other degenerative diseases an inviting environment specially designed to explore dance and encourage movement. A **free open house** kicks-off the new session on **Friday, January 22** at **GRoW: A Space for Arts Education** at **The Wallis**, with classes continuing every Friday through June.

"We're excited to open our doors on Jan 22 and invite the community back to The Wallis to experience these fun dance classes," said Mark Slavkin, Director of Education at The Wallis. "It is thrilling to share the joy of dance with learners of all ages."

"Our instructors provide a great and accommodating environment that teaches dance through community-building and without intimidation," said Tara Aesquivel, Invertigo's Executive Director. "Through our partnership with The Wallis, we are thrilled to be able to continue to offer classes that are fun, safe and an accessible way to learn dance."

New in 2016, single classes are now available for purchase, in addition to the multi-class packages previously offered. Registration and the required fees, ranging from a suggested donation of \$15 to \$30, are available [here](#).

About the Classes:

Invert/ED Tiny Tots Move and Groove classes are a fun way to encourage creativity, activate the body, and develop fine motor skills. Toddlers and parents are able to move and groove to fun music in a safe and creative environment. Classes begin with an energetic warm-up, followed by dance games and activities. Each session culminates with a demonstration of the exciting new dance moves learned for friends and family. No prior dance experience required. All toddler participants must be accompanied by an adult. Each class is \$30, covering the participation of the child and one parent/caregiver, and can be purchased at [here](#). A special package offer allows parents to purchase three classes at \$30 and receive the fourth at a discounted price of \$15.

Dancing Through Life, created for people who want to explore dance as an older adult (ages 50+), are classes taught by experienced professional dancers designed to help strengthen participant's bodies

through the medium of dance. Friends and family are encouraged to join these classes that allow participants to move at their own pace while creating joy through movement, community and creativity. Movements are taught with variations to accommodate a range of abilities and no dance experience is required. Each class is \$15 and can be purchased [here](#).

Dancing Through Parkinson (DTP), a community program of Invertigo Dance Theatre, has held weekly classes throughout Los Angeles since 2010. DTP provides donation-based weekly dance classes to people living with Parkinson's disease and other degenerative diseases, as well as their family and caregivers. Classes, taught by experience professional dancers that have trained in methods specific to older adults and Parkinson's, are designed to encourage joy, strength, community, stability, mental clarity and creativity. Teachers demonstrate standing and seated activities and can provide movement options for a wide range of physical abilities. No dance experience is required. Each class is a suggested donation of \$15. No pre-registration is required.

For downloadable photos, please visit TheWallis.org/press.

For more information about Invertigo Dance Theatre, please visit: www.invertigodance.org/pd

For more information about the Wallis Annenberg Center for the Performing Arts, please visit TheWallis.org.

TICKET INFORMATION:

What: *Invert/ED Tiny Tots Move & Groove*
When: Fridays from 11:15AM – 12:00PM beginning Jan 22 and ongoing through June 17
Tickets: Prices: \$30 per class. As a special package, for every three classes at \$30 purchased, a fourth class will be offered for purchase at \$15.

What: *Dancing Through Life*
When: Fridays from 12:15 – 1:15PM beginning Jan 22 and ongoing through June 17
Tickets: Prices: \$15 per class

What: *Dancing Through Parkinson's*
When: Fridays from 1:30 – 2:30PM beginning Jan 22 and ongoing through June 17
Pricing: Prices: \$15 suggested donation per class

Where: Wallis Annenberg Center for the Performing Arts
GRoW: A Space for Arts Education
9390 N. Santa Monica Blvd, Beverly Hills, CA 90210

Tickets: Tickets can be purchased online [here](#).

Parking: Self-parking is available at The Wallis (450 N. Crescent Drive) with entrances from Crescent Drive and South Santa Monica Boulevard for \$1.00 per hour for the first two hours.

Notes: No dance experience required. Regulars and drop ins welcome.

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